



The

FENCE BUILDER

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Really!

1. "Nearly 6 million people in USA — experienced marijuana use disorder in the past year."

2. Almost all (96%) of all young people survey were consuming 5+ SD at least once a month, and half were consuming 11+ SD at least once a month

3. "Globally, alcohol consumption accounts for 5.5% of all new cancer occurrences and 5.8% of all cancer deaths, so publishing our statement gave us the opportunity to endorse policies to reduce high-risk alcohol consumption that had been recommended by many other cancer-focused organizations."

4. World Health Organization (WHO) report that alcohol is a contributor to "more than 200 health conditions" and causes around 3.3 million deaths across the globe each year.

5. Drunk air passenger arrests soar by 50%: people were held for alcohol-fuelled disruption at airports or on board during 2016

1. National Institute on Alcohol Abuse and Alcoholism (NIAAA) 2015

2. (YAARS) National Report 2016/17

3. Noelle K. LoConte, MD

4. Global status report on alcohol and health 2014

5. <http://www.dailymail.co.uk/news/article-4787478/Drunk-air-passenger-arrests-soar-50->

The Aussie Anti-Drink Driving Legend, Passes!

Donald Cameron is a name very familiar to many Australians, as he was one of our Nations well known artists of our recent past. His work on landscapes and with Australia Stamps is celebrated by many, yet it was his philanthropic and arguably, seminal work in the drink driving issue that truly makes Donald Cameron and His wife Audrey, a stand out couple.

It is with both this accolade and sadness we recall the life and work of Mr Donald Cameron, who died early last month near his home in NSW.

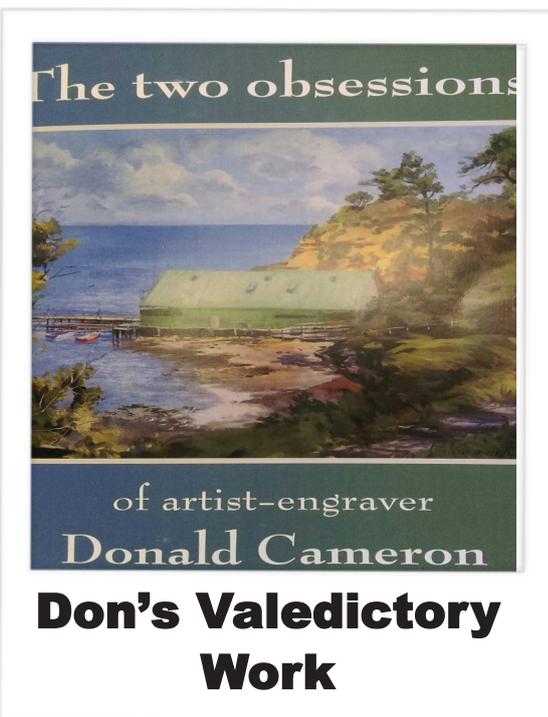
Starting his artistic career as a stamp designer and engraver in 1958, his interests developed into those of becoming a full-time artist and educator. With that maturation of those dreams came the opportunities for self-expression and public advocacy.

He taught and exhibited widely, rising to senior positions of power and influence in educational circles, always with the objective of becoming an independent artist.

True to his Presbyterian principles of public service, his interest in road safety led to his attendance at a Royal Commission in 1965 which for 4 months considered the merits of extending hotel closing hours in Victoria from 6pm to 10pm.

At the time there was a phenomenon of the 'Six O'clock Swill', a practice which resulted in patrons lining up drinks to be consumed after the taps were turned off. This clearly had antisocial consequences as, along with car ownership, fatalities increased. In his conclusion Mr Phillip Phillips QC warned that though hotel trading be extended from 6pm to 10pm he added the important caveat that "most deaths and serious injuries are caused by alcohol and that alcohol was Australia's worst problem"

For Cameron, that was a call to arms. What could be done to stem the tide? There were no strong pressure groups to take on these vested interests. As it turned out, Australian fatalities were perniciously climbing to around 3500, per annum. Yet the public seemed unaware of the problem or was impotent to do anything about it. What could Cameron do? And so, he fell



back on the idea of incremental public education.

In the days before computers, in 1969, having sold some of his paintings, Don put that money into buying some block advertising space in the Melbourne Herald and Argus to graphically echo the findings of the Royal Commission. Having identified a problem, as a picture is worth a thousand words, he had neatly wakened the public interest in the issue.

The public response amazed him. Without any office support other than that from his loving family, he became something of a media

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The Institute: News & Views

Online Digital Store—After a very lengthy process we have pleased to announce our new 'online education store'. We have digitised all our curriculum and product to make it easier to purchase and access, particularly for Teachers and other learning facilitators. The store is housed on our student/teacher focus web platform www.nobrainier.org.au and we plan to have it up and accessible by end of June—stay tuned!

World Forum Against Drugs: It was not only a privilege, but pleasure to attend the 6th World Forum Against Drugs, held in Gothenburg, Sweden. This biennial event was missed by Dalgarno Institute in 2016, so it had been four years since our last engagement. This three-day event (including Drug Policies Forum and World Federation Against Drugs General Meeting) did not disappoint and enables delegates to connect with global likeminded prevention and recovery focused operators.

Some excellent new contact were made with both African groups and the 4th Wave Foundation in Southern India. These connections lead to requests to speak at conferences, but more importantly, invitations to collaborate on potential video projects to challenge drug use and people trafficking. This is one of the key points of our No Brainer Ripped Off seminar/workshops.

What was very encouraging for our team, was to have affirmed, by many presentations, but most vitally, the UNODC (United Nations Office Drugs & Crime) offering on prevention, that our education curriculum, not only 'ticks the key boxes', but that our thorough approach is leading edge. Check out

the past events and keep an eye out for this year's presentations, coming soon to [W.F.A.D. Forums](#)

SMART International. Dalgarno Institute was pleased to



Opening of 6th World Forum Against Drugs

assist one of our international colleagues, Slim Liden (Founding Director of SMART Sweden) set up their new International website through [Isabella's List](#) support. SMART has gained traction into other nations including South East Asia. Along with this, SMART team requested that Dalgarno Institute become part of their reference team. Whilst attending the World Forum Against Drugs, the Executive Director met with SMART Director to discuss SMART international setup, licensing and roll out. <https://www.facebook.com/InternSmart/>

PARTNER TRAINING—NOT EVEN ONCE NATIONAL TEAM

What a blast! It was a real privilege to be able to facilitate our first National Team Training for our primary partner, Teen Challenge Australia.

The National Director, Tanya Cavanaugh, hosted us on their **Home of Hope** Women's Recovery Facility (to be) set in magnificent central Tasmania.

The seven trainees (6 showing in photo) were of different ages and backgrounds, but all with a passion to be culture change architects for the better health and well-being of the emerging Generation Next!

Most of the team have had previous addiction issues or work in the AOD recovery sector, but all bring a unique quality and skill set to the team. The Dalgarno Institute Training model is very much geared to the social innovation, apprenticeship models, where we (as with all our seminars/workshops) seek to bring our trainees on a journey not only gaining learning via class room setting, but engaging in developing, customizing and being architects of a resiliency building education process. Recruitment and

engagement of trainees is key, looking for Earned Resilience, Lived Experience and Participatory Evaluation and Customisation capacity and potential. This not only empowers and equips our staff but engages them on a deeper level. This is best practice-based evidence in this important Affective Domain education space!

Phase One is class room collaboration and creation. Phase Two is preparation and implementation, then Phase Three is the clear apprentice mode: watching, helping, doing and teaching.

The team were then immediately engaged in both phases two and three in the weeks following, delivering seminars in schools in Northern Tasmania, and in Outer Sydney in NSW.



Booze Barn Bump: Team Effort

We were contacted through WCTU, by a single mum in the Melbourne suburb of Croydon, who was concerned that, yet another, packaged liquor licence was being sought for a property only metres away from the local public transport hub. More than that, this new proposed 'Booze Barn' shared a wall with an existing licenced bar; more still, it is also within 400 metres of two supermarket packaged liquor outlets – one of which is a Coles (2nd biggest packaged liquor group in Australia)

Ms R requested help in not only making an objection, but asked whether we could help. As our subscribers are aware, we have been developing a **Booze Barn Boycott** kit, and though not complete, was key in helping mobilize Ms R and another Croydon resident. The Dalgarno Institute made enquiries on their behalf, contacted Maroondah City Council, took photos, assisted the locals to make submissions, made our own formal objection, and encouraged others to do so. Besides a petition being started, a couple of other community members (who previously had declined to help) also stepped up and made their concerns known.

The good news was, that within a week we had all received letters from the City of Maroondah, advising that the Council had declined the request for the licence. A small win for health and safety of the community. Of course, the proposed licensee can appeal to V.C.A.T. and may have the Council decision overturned. The reason? You can check that out in a previous article we did on this State Legislation clause; a clause that we, as

part of the Eastern Metropolitan Region Action on Alcohol Flagship group, are lobbying for amendments to. You can read about that in

[Fence Builder Winter 2016 Edition](#)

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Alcohol and Sustainable Development Goals

Alcohol and the TB and AIDS epidemics

In November 2017, global leaders adopted the Moscow Declaration to end TB. With the declaration Member States commit themselves to:

"Achieving synergies in managing TB, co-infections and relevant noncommunicable diseases, undernutrition, mental health and harmful use of alcohol and other substance abuse, including drug injection.^[1]"

In the landmark "Blind Spot" report "Reaching out to men and boys" from November 2017, UNAIDS writes that:

"[...] harmful use of alcohol increases risk to a range of communicable and noncommunicable diseases, including HIV. Heavy [alcohol use] has also been shown to increase the progression of disease within people living with HIV^[2].

Modelling studies have suggested that [...] structural interventions—such as those that increase the price of alcohol, restrict the marketing of alcohol and reduce its availability—can reduce alcohol consumption and lower rates of sexually transmitted infections."

Alcohol is a major risk factor for both TB^[3] and HIV/AIDS^[4], and it is increasingly recommended that alcohol policy best buy interventions be part of the responses to both epidemics.

Alcohol – a major obstacle to sustainable development

Evidence shows that alcohol adversely affects achievement of 13 of 17 Sustainable Development Goals (SDGs) including poverty eradication, health for all, gender equality, economic prosperity, sustainable consumption, ending violence and building safer and resilient cities^[5]. Therefore, target 3.5 of the SDG's commits governments to "strengthen the prevention and treatment of substance abuse, including narcotic drug abuse and harmful use of alcohol."

Significant progress on alcohol policy will be necessary to achieve this and other SDG targets, including targets 3.3 and 3.4 to end the epidemic of AIDS, tuberculosis and malaria and to reduce premature mortality from non-communicable diseases by a third by 2030. (Thanks to I.O.G.T International)

List of references:

- [1] Moscow Declaration to End TB, adopted at the First WHO Global Ministerial Conference "Ending TB in the Sustainable Development Era: a multisectoral response" November 16-17, 2017, accessed online January 30, 2018 http://www.who.int/tb/features_archive/Moscow_Declaration_to_End_TB_final_ENGLISH.pdf?ua=1
- [2] The Blind Spot. Reaching out to men and boys. Addressing a blind spot in the response to HIV. UNAIDS/JC2911E, 2017, accessed online January 30, 2018 http://www.unaids.org/sites/default/files/media_asset/blind_spot_en.pdf
- [3] Imtiaz S, Shield KD, Roerecke M, et al. Alcohol consumption as a risk factor for tuberculosis: meta-analyses and burden of disease. *Eur Respir J* 2017; 50: 1700216 [https://doi.org/10.1183/13993003.00216-2017].
- [4] Fact sheet, World Health Organization, 2015, accessed online January 30, 2018 <http://www.who.int/mediacentre/factsheets/fs349/en/>
- [5] Fact sheet, IOGT International, 2017, accessed online January 30, 2018 http://iogt.org/wp-content/uploads/2015/03/Alcohol-and-SDGs_new.pdf
- [6] Cuong, P.V., Casswell, S. Parker, K. et al. (2018) Cross-country comparison of proportion of alcohol consumed in harmful drinking occasions using the International Alcohol Control Study. *Forthcoming, Drug and Alcohol Review.*
- [7] Bakke, Ø and Endal D. (2010). Alcohol policies out of context: Drinks industry supplanting government role in alcohol policies in sub-Saharan Africa *Addiction*, 105, 22-28, 2010
- [8] Matzopoulos et al. (2012). Global Fund collusion with liquor giant is a clear conflict of interest, in *Bulletin of the World Health Organ* 2012; 90:67–69. doi:10.2471/BLT.11.091413



celebrity with many calls on his time and talents. Despite all this support, there still appeared to be no coordinating authority to get things done. Despite the best efforts of concerned citizens, there still appeared to be no well-publicised body to challenge the power of entrenched interests.

It was in 1981 that Donald Cameron was invited to head the Victorian Branch of People Against Drink Driving (P.A.D.D), founded by Mrs Mary O'Carroll, a bereaved parent and others, which provided a more formal financial platform for the activities which had been developing over the years. Random breath testing had come into the community consciousness and by 1975 a petition to introduce that legislation was put to the Victorian Parliament. That garnered wide community support with 85 % Australians being in strong agreement [Source :Dept. of Infrastructure, Transport, et al.] The success of that programme was widely celebrated and resulted in the release (1975) on behalf of PADD, of a series of commemorative stamps designed by Donald Cameron.

We recall with gratitude the skill and tenacity with which Donald Cameron remained true to his values despite the many difficulties in the early days of his work in tackling road trauma.

To help give you context, Australian involvement in the Vietnam war from 1962 – 72 saw the loss of approximately 60,000 lives. In 1972 when the war ended, the Australian road deaths had risen to about 3500 per annum, [Source: Australian Federal Office of Road Safety, Monograph 23, 1998.] For a similar time frame that extrapolates out to nearly half the deaths of the Vietnam war – all from combining drinking and driving!

We are grateful for the dedication and skill of the hundreds of nameless people who have brought clarity and direction to solving the problems of road trauma. In recent years the baton has been passed on to those who work for the Dalgarno Institute. The road has been long and often frustrating, but Don Cameron and his admirers can salute the work of a most remarkable public advocate, often a lonely beacon with limited resources. We owe a debt of gratitude to the Dalgarno Institute and its grass roots team of volunteers.

Noel McWhinnie – P.A.D.D. Life Member

**Drinking. Driving.
They're better apart.**



For your free eBook *When Random Breath Testing Came to Oz*, [Click here!](#)

Leaving Bequests

Many long time and faithful supporters have and will choose to leave a portion of their estate to the work of Temperance. Whilst over the years, the labour and passion of our movement has not changed, its name has.

Consequently we have had recent experiences of Estates leaving bequests to our work , but under a previous name. As you can imagine, this creates some legal issues and often delays or denies our movement receiving the gracious gift.

To avoid this, we would like to simply request that if you have, or intend on, leaving a bequest to the work of Temperance that you stipulate it be given to DALGARNO INSTITUTE (C.O.A.D.E Inc.) This will ensure your gift contributes to the continuation of helping Australians have a better chance of a safer and healthier future.

Thank you for your understanding in this matter.



Support our work! Help us make it easier to say... **'No Thanks!'**

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Schools Education Fence Building Bounce (Parent Night)

